

MINNOWS - Thursday 11th May 2017

Gala Conditions

- Swimmers must be a member of Dover Lifeguard Club
- Age for entry is age at end of year 2017 (31st December 2017)
- Maximum Age 12.
- Closing date for entries is: 13th April 2017 at 8pm
- Entry Fee £1.00. (This is for any number of swims).
- No late entries accepted or entries on the night.
- Please give entries and payment, if by cheque made payable to DLGC, to Anita Fisher or Pat/Kate on the Thursday/Saturday desk.

YOU MAY NOT ENTER IF SINCE THE 1ST JANUARY 2016:

- **You have competed in any open gala as an individual.**
- **You have competed in a DLGC team gala. This includes development galas.**
- **This does NOT include Club Championships or any previous Minnows galas, these are exceptions.**

Gala Information

Start: 1845hrs No warm up

Sign In open 18:00. closes 18:30. Please note you need to sign in with the Marshall on the day of competition by 18:30 or you may not be able to swim.

Races will be swum as mixed ages, however medals will be awarded to the fastest 3 swimmers in the following age categories;

6yrs and under, 7yrs, 8yrs, 9yrs, 10yrs, 11yrs and over.

There will be no finals. All events will be decided by times swum.

Events will be swum in accordance with the Amateur Swimming Association (ASA) law. This means that medals will be awarded to the fastest 3 swimmers in each age group who have swum the stroke legally! ie not started too early (false start), correct stroke throughout the swim, correct hand touch at the pool ends etc.

Please ensure your child brings a T-Shirt and an extra towel to take on poolside to keep warm, they should also bring a still drink in a plastic bottle.

If you are in any doubt whether you are eligible for this gala please ask either

John Vinson Head Coach, Anita Fisher or Claire Herrington.

MINNOWS 11th May 2017

Welcome to the Minnows gala, please find below a list of the events and the order that they will be run in.

No	Event	No	Event
1	8-12 Year old Girls 50m Front Crawl	11	8-12 year old Girls 25m Front Crawl
2	8-12 Year old Boys 50m Front Crawl	12	8-12 year old Boys 25m Front Crawl
3	8 - 12 Year old Girls 25m Backstroke	13	7 years and under Girls 25m Butterfly
4	8 - 12 Year old Boys 25m Backstroke	14	7 years and under Boys 25m Butterfly
5	7 Years & under Girls 25m Front Crawl	15	8 - 12year old Girls 25m Breaststroke
6	7 Years & under Boys 25m Front Crawl	16	8 - 12year old Boys 25m Breaststroke
7	8 - 12 year old Girls 25m Butterfly	17	7 years and under Girls 25m Backstroke
8	8 - 12 year old Boys 25m Butterfly	18	7 years and under Boys 25m Backstroke
9	7 year and under Girls 25m Breaststroke	19	8-12 Year old Girls 50m Backstroke
10	7 year and under Boys 25m Breaststroke	20	8-12 Year old Boys 50m Backstroke

Awards will be presented to the following, for both boys and girls:

6 Years and Under, 7 Years, 8 Years, 9 Years, 10 Years and 11 Years and Over.

If, having taken part in this gala, your child feels that they would like to compete competitively then we would welcome them to come along for a FREE trial with our competitive squad.

If you are interested please email Claire Herrington on claireherrington360@gmail.com.

MINNOWS MAY 2017

PLEASE COMPLETE THIS FORM IN CAPITAL LETTERS

Full Name ----- Date of Birth -----

Age at the end of year 2017 ----- Male/Female -----

ASA NUMBER-----

EVENT	TICK IF ENTERING	TIME
8-12 50m Front Crawl		
8-12 25m Backstroke		
7 and Under 25m Front Crawl		
8-12 25m Butterfly		
7 and Under 25m Breaststroke		
8-12 25m Front Crawl		
7 and Under 25m Butterfly		
8-12 25m Breaststroke		
7 and Under 25m Backstroke		
8-12 50m Backstroke		

PAYMENT OF £1.00 CASH OR CHEQUE PAYABLE TO DLGC

SIGNATURE OF PARENT/GUARDIAN -----

FULL NAME -----

CONTACT DETAILS EMAIL OR PHONE NO -----