

## CLUB CHAMPS 2016

FULL NAME \_\_\_\_\_ DATE OF BIRTH \_\_\_\_\_

AGE AS OF 31ST DECEMBER 2016 \_\_\_\_\_ ASA NUMBER \_\_\_\_\_ M/F \_\_\_\_\_

			Entry Time
Freestyle	25m	Ages 8, 7, 6, ...	
Freestyle	50m	Ages 8, 9, 10, 11, .....	
Freestyle	100m	Ages 10, 11, 12, .....	
Freestyle	200m	Ages 9, 10, 11, ....., (& time only 8yrs)	
Freestyle	400m	Ages 10, 11, 12, .....	
Freestyle	800m	Ages 10, 11, 12, ....., (& time only 9yrs)	
Freestyle	1500m	Ages 10, 11, 12, ....., (& time only 9yrs)	
Backstroke	25m	Ages 8, 7, 6, ... only	
Backstroke	50m	Ages 8, 9, 10, 11, .....	
Backstroke	100m	Ages 10, 11, 12, .....	
Backstroke	200m	Ages 9, 10, 11, ....., (& time only 8yrs)	
Breaststroke	25m	Ages 8, 7, 6, ... only	
Breaststroke	50m	Ages 8, 9, 10, 11, .....	
Breaststroke	100m	Ages 10, 11, 12, .....	
Breaststroke	200m	Ages 9, 10, 11, ....., (& time only 8yrs)	
Butterfly	25m	Ages 8, 7, 6, ... only	
Butterfly	50m	Ages 8, 9, 10, 11, .....	
Butterfly	100m	Ages 10, 11, 12, .....	
Butterfly	200m	Ages 9, 10, 11, ....., (& time only 8yrs)	
IM	100m	Ages 8, 9, 10, 11, .....	
IM	200m	Ages 9, 10, 11, ....., (& time only 8yrs)	
IM	400m	Ages 10, 11, 12, .....	

No of Entries \_\_\_\_\_ @ £0.50 = £ \_\_\_\_\_ cheques payable to DLGC

I confirm that the information entered is correct and that a cheque for the correct amount made payable to DLGC is enclosed. I understand that zoom and video photography may take place at this meet, and understand that all competitors listed on our entry form have given their consent to this as a condition of entering this competition.

Signed \_\_\_\_\_ Swimmer/ Parent(if swimmer under 18)

Entries to Anita, Thurs eve/Saturday morning desk by 30<sup>th</sup> May 2016

**Club Championships are open to all swimmers of our club from all sections, that includes competitive swimmers, recreational swimmers, learn to swim, masters swimmers, waterpolo players, open water swimmers and lifesaving.**

**They are very informal competitions and only Dover Lifeguard members will be competing.**

**You can enter any event as long as you are the correct age! It only costs 50p per race!**

**Please note: your 'age' is how old you will be on 31st December 2016**

**If you would like to enter please fill in the attached form and include payment by cheque (payable to DLGC) and return to Anita Fisher or to the desk on Thurs eve/Saturday morning by 30th May 2016.**

**If you have not got a previous time, just put 'No Time' on the form in the boxes for 'Entry Time'**

**Those swimmers who will be Under 8yrs on 31st Dec 2016 can only compete in the 25m races.**

**Those swimmers who will be 8yrs by 31st Dec 2015 can compete in 25m, 50m races & 100IM. Time only in 200m (only if agreed by coach) .**

**Those swimmers who will be 9yrs by 31st Dec 2016 can compete in the 50m, 200m races and 100IM, and time only in 800 & 1500.**

**Those swimmers who will be 10yrs or older on 31st Dec 2016 can compete in all races over 25m.**

**The distances for each age group follow the ASA guidance and prevent younger swimmers from over-competing.**