

Session 1	Session 2	Session 3
13th June 6am to 8am	20th June 6am to 8am	4th July 6am to 8am
EVENT 101 Boys/Girls 09 Yrs/Over 1500m Free	EVENT 201 Boys/Girls 09 Yrs/Over 800m Free	EVENT 301 Boys/Girls 10 Yrs/Over 400m IM

Session 4	Session 5	Session 6	Session 7
9th July Times TBC	9th July Times TBC	10th July Times TBC	10th July Times TBC
EVENT 401 Girls 08 Yrs/Over 50m Freestyle	EVENT 501 Girls 10 Yrs/Over 100m Freestyle	EVENT 601 Girls 10 Yrs/Over 100m Backstroke	EVENT 701 Girls 10 Yrs/Over 100m Breaststroke
EVENT 402 Boys 08 Yrs/Over 50m Freestyle	EVENT 502 Boys 10 Yrs/Over 100m Freestyle	EVENT 602 Boys 10 Yrs/Over 100m Backstroke	EVENT 702 Boys 10 Yrs/Over 100m Breaststroke
EVENT 403 Girls 09 Yrs/Over 200m Breaststroke	EVENT 503 Girls 08 Yrs/Over 50m Butterfly	EVENT 603 Girls 08 Yrs/Over 50m Breaststroke	EVENT 703 Girls 08 Yrs/Over 50m Backstroke
EVENT 404 Boys 09 Yrs/Over 200m Breaststroke	EVENT 504 Boys 08 Yrs/Over 50m Butterfly	EVENT 604 Boys 08 Yrs/Over 50m Breaststroke	EVENT 704 Boys 08 Yrs/Over 50m Backstroke
EVENT 405 Girls 10 Yrs/Over 100m Butterfly	EVENT 505 Girls 09 Yrs/Over 200m Backstroke	EVENT 605 Girls 09 Yrs/Over 200m Freestyle	EVENT 705 Girls 09 Yrs/Over 200m IM
EVENT 406 Girls 10 Yrs/Over 100m Butterfly	EVENT 506 Boys 09 Yrs/Over 200m Backstroke	EVENT 606 Boys 09 Yrs/Over 200m Freestyle	EVENT 706 Boys 09 Yrs/Over 200m IM
		EVENT 607 Girls 08 Yrs/Over 100m IM	
		EVENT 608 Boys 08 Yrs/Over 100m IM	

Session 8	Session 9
13th July 6am to 8am	14th July 6:30pm
EVENT 801 Boys/ Girls 10 Yrs/Over 400m F/C	EVENT 901 Boys 08 Yrs/Under 25m Butterfly
	EVENT 902 Girls 08 Yrs/Under 25m Butterfly
	EVENT 903 Boys 08 Yrs/Under 25m Breaststroke
	EVENT 904 Girls 08 Yrs/Under 25m Breaststroke
	EVENT 905 Boys 09 Yrs/Over 200m Butterfly
	EVENT 906 Girls 09 Yrs/Over 200m Butterfly
	EVENT 907 Boys 08 Yrs/Under 25m Backstroke
	EVENT 908 Girls 08 Yrs/Under 25m Backstroke
	EVENT 909 Boys 08 Yrs/Under 25m Freestyle
PLEASE NOTE.....	EVENT 910 Girls 08 Yrs/Under 25m Freestyle

Those swimmers who will be under 8yrs on 31st Dec 2016 can only compete in the 25m races.

Those swimmers who will be 8yrs by 31st Dec 2016 can compete in 25m, 50m & 100IM. Time only in 200m (only if agreed by coach)

Those swimmers who will be 9yrs by 31st Dec 2016 can compete in the 50m, 200m races and 100IM, and time only in 800 & 1500.

Those swimmers who will be 10yrs or older on 31st Dec 2016 can compete in all races over 25m

The distances for each age group follow the ASA guidance and prevent younger swimmers from over-competing