

Crawley Spring Level 3 Long Course

PROGRAMME OF EVENTS

Saturday 9th April 2016

Session 1

W-up tbc Start tbc
Sign in required for 400s

Event 1	Boys	400 Freestyle
Event 2	Girls	400 IM
Event 3	Boys	100 Backstroke
Event 4	Girls	200 Breaststroke

Session 2

W-up tbc Start tbc

Event 5	Boys	200 Butterfly
Event 6	Girls	100 Breaststroke
Event 7	Boys	50 Breast
Event 8	Girls	50 Back
Event 9	Boys	200 Freestyle
Event 10	Girls	100 Butterfly

Session 3

W-up tbc Start tbc

Event 11	Boys	200 Backstroke
Event 12	Girls	200 IM
Event 13	Boys	50 Fly
Event 14	Girls	50 Freestyle
Event 15	Boys	100 Freestyle

Sunday 10th April 2016

Session 4

W-up tbc Start tbc
Sign in required for 400s

Event 16	Girls	400 Freestyle
Event 17	Boys	400 IM
Event 18	Girls	100 Backstroke
Event 19	Boys	200 Breaststroke

Session 5

W-up tbc Start tbc

Event 20	Girls	200 Butterfly
Event 21	Boys	100 Breaststroke
Event 22	Girls	50 Breast
Event 23	Boys	50 Back
Event 24	Girls	200 Freestyle
Event 25	Boys	100 Butterfly

Session 6

W-up tbc Start tbc

Event 26	Girls	200 Backstroke
Event 27	Boys	200 IM
Event 28	Girls	50 Fly
Event 29	Boys	50 Freestyle
Event 30	Girls	100 Freestyle