

**Gala 1 Monday 13th July**

Event No.	Event	Detail	Sex
301	800m Freestyle	10yrs & over	G & B
Warm Up	6.30am Start		
Approx	8.00am End		

**Gala 2 Saturday 18th July****1pm to 5pm**

Event No.	Event	Detail	Sex
201	100m Breaststroke	10yrs & over	Girls
202	100m Breaststroke	10yrs & over	Boys
203	25m Fly	Under 9yrs	Girls
204	25m Fly	Under 9yrs	Boys
205	50m Backstroke	8yrs & over	Girls
206	50m Backstroke	8yrs & over	Boys
207	25m Breaststroke	Under 9yrs	Girls
208	25m Breaststroke	Under 9yrs	Boys
209	400m Ind Medley	10yrs & over	Girls
210	400m Ind Medley	10yrs & over	Boys

**Gala 3 Saturday 18th July****Evening 6pm**

Event No.	Event	Detail	Sex
401	200m Ind Medley	9yrs & over	Girls
402	200m Ind. Medley	9yrs & over	Boys
403	100m Freestyle	10yrs & over	Girls
404	100m Freestyle	10yrs & over	Boys
405	200m Backstroke	9yrs & over	Girls
406	200m Backstroke	9yrs & over	Boys

**Gala 4 Sunday July 19th Afternoon**

Event No.	Event	Detail	Sex
501	200m Freestyle	9yrs & over	Girls
502	200m Freestyle	9yrs & over	Boys
503	50m Fly	8yrs & over	Girls
504	50m Fly	8yrs & over	Boys
505	200m Breaststroke	9yrs & over	Girls
506	200m Breaststroke	9yrs & over	Boys

**Gala 5 Monday July 20th**

Event No.	Event	Detail	Sex
101	1500m Freestyle	10yrs & over	G & B
	6am Warm Up	6.30am Start	
	Approx	8.00am End	

**Gala 6 Saturday Sept 19th 1pm to 5PM**

No.	Event	Detail	Sex
601	100m Fly	10yrs & over	Girls
602	100m Fly	10yrs & over	Boys
603	25m Freestyle	Under 9yrs	Girls
604	25m Freestyle	Under 9yrs	Boys
605	50m Breaststroke	8yrs & over	Girls
606	50m Breaststroke	8yrs & over	Boys
607	25m Backstroke	Under 9yrs	Girls
608	25m Backstroke	Under 9yrs	Boys
609	400m Freestyle	10yrs & over	Girls
610	400m Freestyle	10yrs & over	Boys

**Gala 7 Saturday Sept 19th****Evening**

No.	Event	Detail	Sex
701	100m Ind Medley	8yrs & over	Girls
702	100m Ind. Medley	8yrs & over	Boys
703	100m Backstroke	10yrs & over	Girls
704	100m Backstroke	10yrs & over	Boys
705	50m Freestyle	8yrs & over	Girls
706	50m Freestyle	8yrs & over	Boys
707	200m Fly	9yrs & over	Girls
708	200m Fly	9yrs & over	Boys

Those swimmers who will be Under 8yrs on 31st Dec 2015 can only compete in the 25m races.

Those swimmers who will be 8yrs by 31st Dec 2015 can compete in 25m, 50m & 100IM. Time only in 200m (only if agreed by coach)

Those swimmers who will be 9yrs by 31st Dec 2015 can compete in the 50m, 200m races and 100IM, and time only in 800 & 1500.

Those swimmers who will be 10yrs or older on 31st Dec 2015 can compete in all races over 25m

The distances for each age group follow the ASA guidance and prevent younger swimmers from over-competing