

# **Role Description: Poolside Helper**

#### **Role Objectives**

The role of the Poolside Helper is to assist with club sessions under the supervision of a qualified teacher or coach.

## **Duties and Responsibilities**

- Be present at training sessions wearing the correct attire
- Assist with the set-up of the pool for training sessions
- Be aware of safety at all times throughout the session, keeping the poolside tidy and ensuring any health and safety risks are reported to the coach
- Ensure swimmers have the correct equipment needed for the session e.g. pull buoys, floats etc.
- Ensure swimmers are abiding by the rules of the club regarding behaviour during sessions
- Assist the coach to deliver the session and advise swimmers on their technique
- At the end of the session ensure all equipment is correctly stored away

## **Skills and Qualities**

- Poolside Helpers must be at least 14 years of age
- Working towards or completed the ASA Poolside Helpers' qualification
- Knowledge about the structure of the club and how the sessions and competitions operate
- Enthusiasm and commitment to developing all club members
- Basic technical knowledge of aquatics and safety within sessions

#### **Role Details**

This is a voluntary role.

Time commitment required will be determined by the club, but will involve an ongoing weekly responsibility and attendance at training sessions.

