CRAWLEY SWIMMING CLUB

SPRING OPEN 2018

Warm up times:

Sessions	Warm up	Start	Finish Approx	Signing in info
FRIDAY Session 1	18.45	19.15	21.30	SIGN IN POOLSIDE
<mark>SATURDAY</mark> Session 2	07.45	08.30	10.35	SIGN IN FOR 400s ONLY BY 07.50 POOLSIDE ALL OTHER EVENTS WITHDRAWALS CLOSE 08.00
SATURDAY Session 3	10.35	11.30	14.25	ACTIVE WITHDRAWAL WITHDRAWALS CLOSE 11.00
SATURDAY Session 4	14.25	15.20	1/60	ACTIVE WITHDRAWAL WITHDRAWALS CLOSE 14.50
<mark>SUNDAY</mark> Session 5	07.30	08.15	10.35	SIGN IN FOR 400s ONLY BY 08.20 POOLSIDE ALL OTHER EVENTS WITHDRAWALS CLOSE 07.45
<mark>SUNDAY</mark> Session 2	10.35	11.30	14.25	ACTIVE WITHDRAWAL WITHDRAWALS CLOSE 11.00
SUNDAY Session 3	14.25	15.20	17.30	ACTIVE WITHDRAWAL WITHDRAWALS CLOSE 14.50

Withdrawal forms to be handed in **before** the start of the session warm up for those not competing.

Withdrawals can also be emailed in advance to openmeets@crawleysc.co.uk

Withdrawal Forms will be available on the poolside entrance and upstairs in the entrance to the spectators.

Coaches Passes

Coaches will be able to collect passes (no food included) and programmes at poolside entrance. No pass No entry