



# DLGC White Cliffs Open Gala 2019 Conditions of Entry



License No 3SEXXXXX

## Conditions and Information

**Saturday 14<sup>th</sup> September and Sunday 15<sup>th</sup> September 2019 at  
Dover District Leisure Centre, Fitness Fields, Whitecliffs Business Park,  
Whitfield, Dover, Kent, CT16 3FZ**

The competition will be swum under Swim England Laws and Technical Rules

**Events:** 50m, 100m and 200m in all strokes, 100m individual medley, 200m individual medley and a fun skins event where the swimmers can win money.

**Age groups:** 9 - 10 years, 11 - 12 years, 13 - 14 years, 15-16 years and 17+ years. Ages are as 15<sup>th</sup> September 2019.

**Entry fee:** £5.00 per event for all events

**Closing date:** Closing date for entries is midnight Monday 29<sup>th</sup> July 2019

**Qualifying times:** Entries are subject to the upper time limits (see separate page)  
All submitted times must be short course times achieved since 1<sup>st</sup> January 2018.

**Awards:** Awards will be given to the first six competitors in each age group for each event. All events are heat declared winners. There will be no official presentations so all swimmers must collect their medals from the awards desk.

**Entries:** All entries must show the swimmer's name, date of birth, Swim England membership number and entry time together with the correct entry fee. Entry using Sports Systems Meet Manager software is preferred: an entry file with event list and consideration times will be available to download from the club website, [www.doverlifeguard.org.uk](http://www.doverlifeguard.org.uk). There is a £25 admin charge for entries of more than 5 from any club that does not use Sports Systems software. No charge if electronic entry file used. Entries should be sent electronically using the programme provided to: [dlgcompetition@outlook.com](mailto:dlgcompetition@outlook.com)

All entries must be under the upper limit times for the individual age category. Entries may be restricted in order to keep the session times within appropriate time scales. This will be done based on entry time, slowest swimmers will be rejected first.

**Payment:** Dover Life Guard Club competitors please use the go cardless system on Swim Club Manager. All other clubs please make one payment per club to our account. Account Number 34505668, sort code 30-90-92 and please use your club's name as the reference.

**Over-subscription:** You will be advised as soon as possible after the closing date if any entries are rejected (in this case fees will be refunded). A list of accepted entries will be posted on the club website, [www.doverlifeguard.org.uk](http://www.doverlifeguard.org.uk). If there is capacity on the day, time trials may be accepted.

**Signing in, reporting and seeding:** This is a SIGN IN event. Competitors, team managers or coaches must 'sign in' a swimmer at least 60 minutes before the start of the first race in each session. Swimmers must report to the competitor marshals when instructed to do so and competitors not reporting in time may not be permitted to swim. Events will be swum with all age groups combined seeded on entry times.

**Starts:** Over the top starts will be used at the discretion of the referee. It is the responsibility of the competitors and coaches from participating clubs to ensure that all swimmers are competent to the standard of the ASA Competitive Start award. All swimmers must leave the pool using the side of the pool and must not climb over the electronic timing pads. At this time the starting system does not have a secondary starting strobe.

**Results:** The results will be displayed poolside and in the balcony area. Results will be available as the meet progresses via the club website. Every effort will be made to provide full electronic results and splits but in the event of technical failure this may not always be possible. Meet results will be sent to Swim England to be included on the rankings list.

**Coaches:** Coaches passes are available at a cost of £20 each to include entry, programme of events, warm up schedule, a full set of results, refreshments and food on the Saturday 14<sup>th</sup> September and refreshments and lunch on Sunday 15<sup>th</sup> September. A free coach pass is available for clubs providing two officials. Only competing swimmers and holders of passes will be permitted on poolside. To be eligible for a coach pass, applicants must be qualified coaches or certified ASA team managers.

**Officials:** The event needs a minimum of 20 officials for each session. If you are a qualified official and can officiate for any session or sessions, please let us know.

**Spectators:** Adult spectator admission is £3 per session and £5 per full day; children under 15 are admitted free, this will include a programme. There is a cafeteria and vending facilities at the leisure centre. There is a large free car park at the centre.

**The pool** is 25m, eight lanes, with anti-wave lane lines and electronic timing and scoreboard. The pool depth is 2 metres at the start end and 1 metre at the turn end.

**Warm up and safety information:** The pool is available for warm up only during the designated times. During the warm up swimmers and coaches must ensure that they (and swimmers in their charge) take no action which would endanger themselves or others. Coaches and team managers are reminded that they are responsible for the conduct of the swimmers in their care at all times. The instructions of the warm up marshals or others in authority must be obeyed immediately. Diving is not permitted in the warm up until sprint lanes are announced and then only in the sprint lanes under supervision by club coaches. Competitors must wear footwear and tops when leaving the poolside and in the marshalling area. All participants must observe the safety precautions in operation at Dover District Leisure Centre. Neither the promoters or Dover Lifeguards Swimming Club or Dover District Leisure Centre will be responsible for any loss or damage during the meet. Swimmers are advised to remove all jewellery to prevent accidental injury to themselves. The Promoter and pool management reserve the right to remove any person from the pool area, whose behaviour is either unsafe to themselves or others or against the pool rules, promoter's conditions or the efficient running of the meet.

**Swim Down:** A continuous swim down facility may be available, coaches are responsible for supervising their swimmers when using this facility. If swimmers are not supervised then the permission to use this facility may be withdrawn by the Leisure Centre.

**Data protection:** Consent is deemed to have been given, as required by the Data Protection Act, to hold and distribute as necessary the personal information given by you by email, other electronic means or paper to run the meet. This is in line with GDPR.

**Photography:** Anyone wishing to carry out video, zoom or close range photography must be in accordance with Swim England and Wavepower 2016-2019. These conditions also apply to swimmers on poolside. Flash photography is prohibited at all times.

The gala promoter has the right to amend the programme to ensure the smooth running and fairness of the event.

***Any conditions not covered in the above information will be at the discretion of the promoter or Dover Lifeguards Swimming Club. By entering this event, competitors and coaches agree to abide by these conditions.***

**Gala Secretary: Becky Lown**

Email: [dlgccompetition@outlook.com](mailto:dlgccompetition@outlook.com) webpage: [www.doverlifeguard.org.uk](http://www.doverlifeguard.org.uk)

# Skins Competition

1. In the following age groups 9 – 10 years, 11 – 12 years, 13 – 14 years and 15years+ the six fastest swimmers in the 100 metres Individual Medley will be invited to take part. Reserves will be selected, and swimmers advised in the same way as finalists. To ensure that all lanes are occupied please indicate within 15 minutes of the skins competitors being announced of your intention to take part.

2. There will be five rounds, each round will comprise of a 50-metre race. Swimmers will be spearheaded for the first round in accordance with the times achieved in the 100m Individual Medley, they will swim all five rounds in the same lane.

3. The stroke to be swum will be determined by drawing a coloured ball from a bag prior to the start of each round. The stroke drawn will be announced as soon as it is drawn. The ball will be replaced in the hat after it is drawn. The balls drawn from the hat will represent the following strokes: -

RED – Backstroke      YELLOW – Breaststroke      WHITE – Butterfly      BLACK - Freestyle

4. The stroke selected must be swum under Swim England Laws and Technical Rules, this includes the start and the turn.

5. The starting sequence in the first round will be in accordance with the ASA Racing Technical Rules. The starting signal of each subsequent round will be given exactly 2 minutes after the start of the previous one. In the second and subsequent rounds there will be no preparatory command "Take your Marks." This will be replaced by a whistle blast 10 seconds before the starting signal, which will follow in the normal manner. In the event of a failure of the starting signal this will be replaced with a shout of "Go" from the starter.

6. Any swimmer starting before the starting signal has been given will be disqualified unless they return to the end of the pool and start normally. They may start in the water under these circumstances.

7. The slowest swimmer will be eliminated in each round. However, if one or more swimmers have been disqualified for an early start or other infringement of the ASA Racing Technical Rules then the slowest swimmer will not be eliminated.

8. If two or more swimmers are eliminated, then the subsequent rounds shall continue without elimination until the appropriate round. For example, if two swimmers are disqualified for an early start in round one, no swimmers will be eliminated in round 2. One swimmer will be eliminated in round 3 as normal.

9. In the event of a tie for last place, both swimmers will continue into the next round. In this event two swimmers will be eliminated from the next round. If there is a tie for last place in round three or four there will be a swim off to determine which swimmer proceeds into the next round. The stroke will be determined as described in rule 3 above. This will also apply in the event of a tie in the final in order to determine the winner.

10. It is the individual swimmer's responsibility to be in their starting position at the start of each round. The starting signal will not be delayed if a swimmer is missing or has suffered some other "gear" failure.

11. The winner will be the swimmer who is placed first in the final round Prizes will be awarded as follows:

1st - £20      2nd - £10      3rd - £5