



DLGC White Cliffs Open Gala 2019 Programme of Events



License No 3SEXXXX

Saturday 14th September 2019

<u>Session 1</u> <u>Warm Up: 1.15pm</u> <u>Start: 2.00pm</u>	<u>Session 2</u> <u>Warm Up: 5.15pm</u> <u>Start: 6.00pm</u>
Event 101 Girls 15+ Years 100m IM HDW Event 102 Boys 15+ Years 100m IM HDW Event 103 Girls 50m Breaststroke HDW Event 104 Boys 50m Breaststroke HDW Event 105 Girls 100m Backstroke HDW Event 106 Boys 100m Backstroke HDW Event 107 Girls 200m Freestyle HDW Event 108 Boys 200m Freestyle HDW Event 109 Girls 15+ Years SKINS Event 110 Boys 15+ Years SKINS	Event 201 Girls 13-14 Years 100m IM HDW Event 202 Boys 13-14 Years 100m IM HDW Event 203 Girls 50m Butterfly HDW Event 204 Boys 50m Butterfly HDW Event 205 Girls 100m Freestyle HDW Event 206 Boys 100m Freestyle HDW Event 207 Girls 200m Backstroke HDW Event 208 Boys 200m Backstroke HDW Event 209 Girls 13-14 Years SKINS Event 210 Boys 13-14 Years SKINS

Sunday 15th September 2019

<u>Session 3</u> <u>Warm Up: 10.15am</u> <u>Start: 11.00am</u>	<u>Session 4</u> <u>Warm Up: 1.15pm</u> <u>Start: 2.00pm</u>
Event 301 Girls 11-12 Years 100m IM HDW Event 302 Boys 11-12 Years 100m IM HDW Event 303 Girls 50m Freestyle HDW Event 304 Boys 50m Freestyle HDW Event 305 Girls 100m Butterfly HDW Event 306 Boys 100m Butterfly HDW Event 307 Girls 200m Breaststroke HDW Event 308 Boys 200m Breaststroke HDW Event 309 Girls 11-12 Years SKINS Event 310 Boys 11-12 Years SKINS	Event 401 Girls 9-10 Years 100m IM HDW Event 402 Boys 9-10 Years 100m IM HDW Event 403 Girls 200m IM HDW Event 404 Boys 200m IM HDW Event 405 Girls 50m Backstroke HDW Event 406 Boys 50m Backstroke HDW Event 407 Girls 100m Breaststroke HDW Event 408 Boys 100m Breaststroke HDW Event 409 Girls 200m Butterfly HDW Event 410 Boys 200m Butterfly HDW Event 411 Girls 9-10 Years SKINS Event 412 Boys 9-10 Years SKINS